

PREP INSTRUCTIONS

Upper Endoscopy, ERCP, PEG (Gastrostomy tube) & Endoscopic Ultrasound

Upper Endoscopy

- with dilation
- with Botox injection
- with stent removal
- with banding

ERCP

- with stent removal

PEG (Gastrostomy tube)

- change/removal

Endoscopic Ultrasound

- with fine needle aspiration

PATIENT: _____

Location (see map on back):

- Enloe Outpatient Center
- Enloe Medical Center Main Campus
- Skyway Surgery Center

Your procedure is scheduled with:

- Dr. Stephen Pearce
- Dr. Peter Bangsund
- Dr. Hoan Tran
- Dr. Uzma Abbasi
- Dr. Shaheen Rasheed

Date of procedure _____ Estimated check in time _____

The facility will call you with your exact arrival time the afternoon before your exam.

IMPORTANT INFORMATION:

You must have someone to drive you home after your procedure since you will be sedated. Your procedure will be rescheduled if you do not have a driver. Please bring your insurance card, identification, fully completed intake information & medication list with you to your procedure. **If you are diabetic**, please consult your primary care physician on how to take your medications the day of your procedure as fasting is involved. **If you have any questions, please call the office at 530.332.3986.**

Important Information About Medications – PLEASE READ IMMEDIATELY: *If you are taking any of the following medications, they must be stopped before your procedure. Please consult with your prescribing provider for instructions.*

Xarelto (Rivaroxaban) - 2 days

Pradaxa (Dabigatran) - 2 days

Aspirin - If not prescribed to you by a provider, please hold 7 days prior

Eliquis (Apixaban) - 2 days

Coumadin (Warfarin) - 5 days

Plavix (Clopidogrel) - 7 days

Brilinta (Ticagrelor) - 7 days

Effient (Prasugrel) - 7 days

Aggrenox - 7 days

**If you have any questions about these or other medications, please call the office as soon as possible at (530) 332-3986.

PLEASE DO NOT HAVE ANY SOLID FOOD AFTER MIDNIGHT AND ONLY CLEAR LIQUIDS UNTIL 4 HOURS PRIOR TO YOUR PROCEDURE.

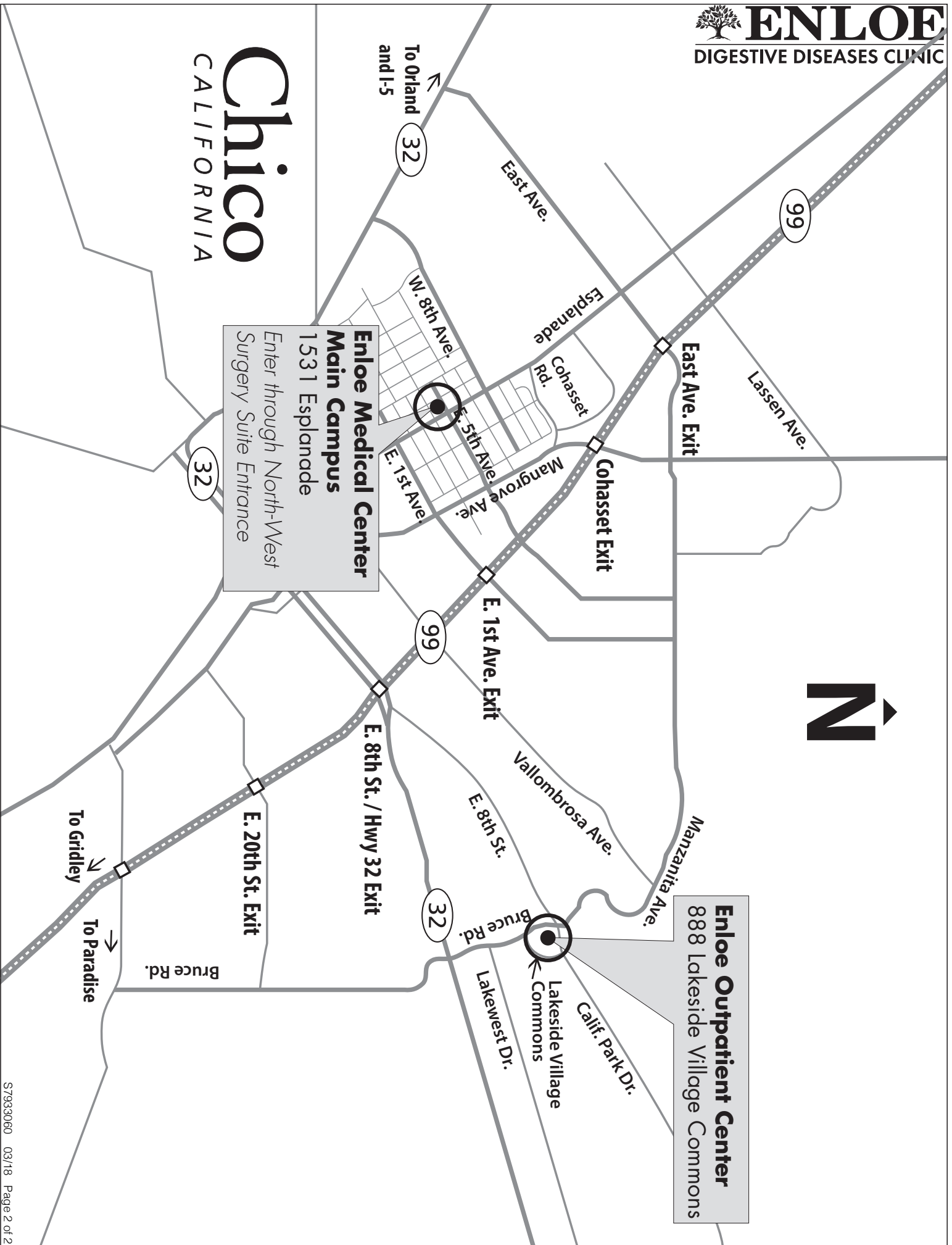
If you have any questions about the procedure or preparation, please contact the medical assistant for your physician at (530) 332-3986.

Chico

CALIFORNIA

**Enloe Medical Center
Main Campus**
1531 Esplanade
Enter through North-West
Surgery Suite Entrance

Enloe Outpatient Center
888 Lakeside Village Commons



Upper GI Endoscopy

Upper GI endoscopy allows your healthcare provider to look directly into the beginning of your gastrointestinal (GI) tract. The esophagus, stomach, and duodenum (the first part of the small intestine) make up the upper GI tract.

Before the exam

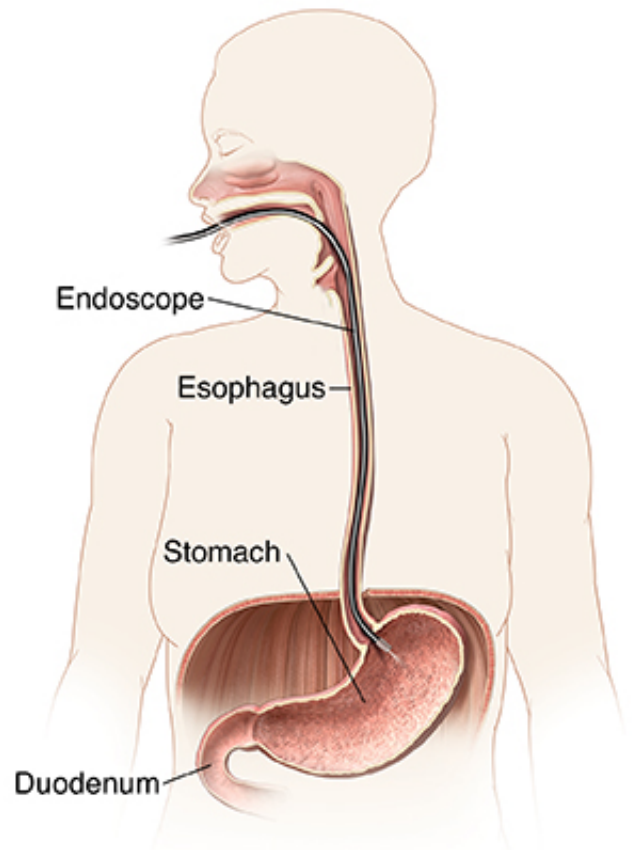
Follow these and any other instructions you are given before your endoscopy. If you don't follow the healthcare provider's instructions carefully, the test may need to be canceled or done over:

- Don't eat or drink anything after midnight the night before your exam. If your exam is in the afternoon, drink only clear liquids in the morning. Don't eat or drink anything for 8 hours before the exam. In some cases, you may be able to take medicines with sips of water until 2 hours before the procedure. Speak with your healthcare provider about this.
- Bring your X-rays and any other test results you have.
- Because you will be sedated, arrange for an adult to drive you home after the exam.
- Tell your healthcare provider before the exam if you are taking any medicines or have any medical problems.

The procedure

Here is what to expect:

- You will lie on the endoscopy table. Usually patients lie on the left side.
- You will be monitored and given oxygen.
- Your throat may be numbed with a spray or gargle. You are given medicine through an intravenous (IV) line that will help you relax and remain comfortable. You may be awake or asleep during the procedure.
- The healthcare provider will put the endoscope in your mouth and down your esophagus. It is thinner than most pieces of food that you swallow. It will not affect your breathing. The medicine helps keep you from gagging.
- Air is put into your GI tract to expand it. It can make you burp.
- During the procedure, the healthcare provider can take biopsies (tissue samples), remove abnormalities, such as polyps, or treat abnormalities through a variety of devices placed through the endoscope. You will not feel this.
- The endoscope carries images of your upper GI tract to a video screen. If you are awake, you may be able to look at the images.
- After the procedure is done, you will rest for a time. An adult must drive you home.



During endoscopy, a long, flexible tube is used to view the inside of your upper GI tract.

When to call your healthcare provider

Contact your healthcare provider if you have:

- Black or tarry stools, or blood in your stool
- Fever
- Pain in your belly that does not go away
- Nausea and vomiting, or vomiting blood

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